

# Six Thinking Hats

## Introduction/ Overview of program:

In our thinking we often try to do too much at the same time. We look at the facts of the matter we try to build up a logical argument; our emotions come in some where, we may try to put new idea, we may try to find whether our idea will work. We do this more or less at the same. It is no wonder that we sometimes get confused. At other times we may do only one of these many things well, for example our emotions may dominate our thinking or we may just be negative.

Six thinking hats is a method for doing one sort of thinking at a time. Instead of trying to do everything at once we 'wear' only one hat a time. Six thinking is hat a very good method to look at things from all possible angles and take a comprehensive view.

The methodology of six thinking hat is used for conducting effective meeting and used at all levels of organizations.

The six thinking hat methodology has been developed by famous creativity and lateral thinking guru Edward de Bono.

# The objectives of the Programme:

The programme aims at training the participants in a particular thinking style so that all aspect of the issue could be covered. Generally people are good at looking at things from one or two specific angles thereby living all others aspects untouched which leaders to incomplete view of the big picture. Therefore the programme aims at;

- Learning how to use 'six thinking hats' in making business meetings more productive
- Enhancing team creativity through six thinking hat methodology
- Provide opportunity to participants to use 'Six thinking hat' strategy for working on a real life issue

#### Who should attend:

Programme is highly relevant for executives of all levels who have to get into problem solving and decision making frequently.

**Duration:** Half day

#### **Course Content:**

- Concept of 6 thinking hats
- · Benefits of using 6 thinking hats in meetings
- Description of all Colors of hats
- Questions to be asked in meeting specific to hat color
- Practicing the implementation of 6 thinking hats

## Benefits to Participants:

By the end of this programme the participants shall be able to realize the following benefits;

- Learn and practice the new thinking style which will cover all aspect of an issue.
- Learn how to bring up more comprehensive and creative solutions for a performance problem.
- Shall be able to learn how to start thinking in a particular way to come out some brilliant ideas
- Learn how to use team synergy to resolve some pressing issues
- Learn 5 min thinking for build concentration to avoid digression while working in team environment

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